

Episode 10

Re-imagine Your Future



Episode 10 Overview



Materials Needed

- Ball
- Paper/Pen
- Colored Pencils

if you had to create your own perfect world, what would it be like?

1. Create your own perfect world with your friends through a game. Begin by standing in a circle.
2. Person 1 holds the ball and starts sharing their vision of a perfect world.
3. Next, they will throw a ball to another person.
4. Person 2 should build on the vision from the person before. It should happen very quickly!

You can consider the following questions:

- What would the school be like?
- What would adults do?
- Where would the homes be?
- What would the transportation be?
- What kind of food would people eat?
- What type of animals are there in your world?
- What is one thing you dislike the most in the real world - how would this be different in your world?



In my perfect world, there would be no tests!

And starting a war would be impossible



Activity 2

My Day in the Future

Close your eyes and envision your ideal day. From the time you wake up in the morning to the time you go back to sleep, **what are some activities that you would do to lead a happy and healthy life?**

1. Draw a large circle on paper to represent your ideal day.
2. Divide it into 24 equal sections and write numbers 1-24 on it to show the 24 hours of the day.
3. Colour the sections to show how many hours you will spend on each activity, starting from the duration and time of sleep at night.
4. Continue filling the circle up with other activities in sequence of your perfect day!

Example →

- You can also add drawings to your circle!
- If needed, you can use colours and symbols and provide a key to name the different activities.



- Present your perfect day to your peers and mention the time of each activity in the 24-hour format. (Eg: from 14:30 to 16:00, I will play badminton.)
- How much of the daily activities are you already doing?
- Which ones would you want to develop this year?
- How can you ensure that you start doing that? What steps will you take?

Activity 3 Re-imagining Ukraine

Inside the map, please draw what you envision Ukraine to be.



Activity 4 Chain of Kindness

Players should use their bodies to create a freeze frame of a scene that shows kindness. Example below:

Player 1

Starts acting out a scenario.

Example: Alissa acting like she is going to class with a very heavy backpack

Player 2

Next person joins the freeze frame showing kindness.

Example: Ivan helping Alissa carry the heavy things

Player 3

Next person joins the freeze frame showing more kindness.

Example: Mark freezes in a position showing thumbs up to show appreciation

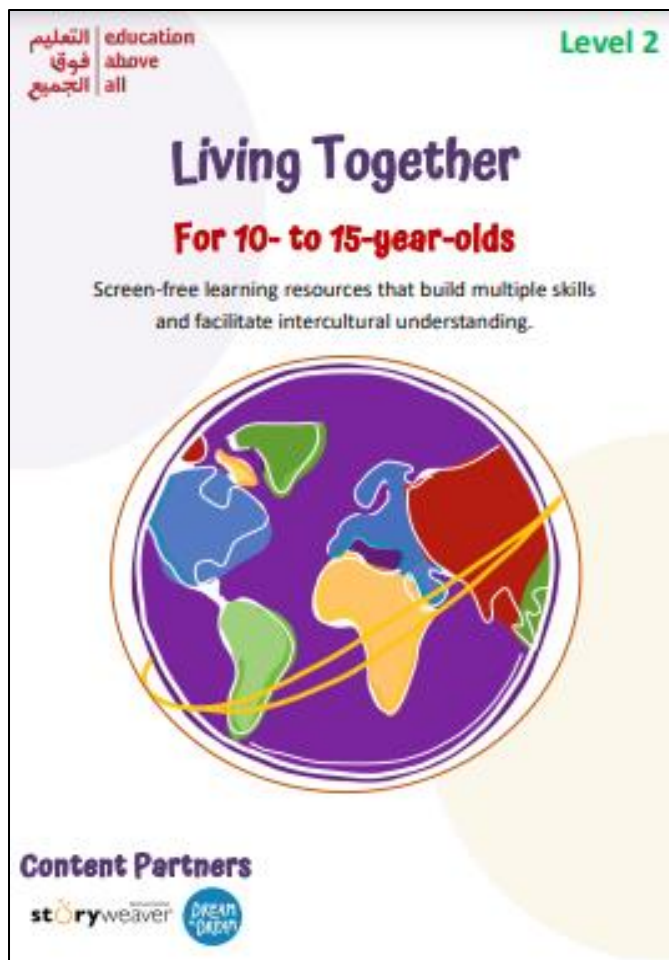
Once all the players have joined, player 1 can do a new position.

To Learn More

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<https://resources.educationaboveall.org/>

This episode was inspired by the Living Together Package from Education Above All's Ukrainian Emergency Education Response



The Ukrainian Emergency Education Response is available in English, Ukrainian and Polish.